

Welcome to this newsletter - especially those of you for whom this will be the first you have received.

It's been an exciting few months especially as the new album **Something for the Soul** and a new book **Occupied Territories** have both come out. We hadn't anticipated they would arrive at the same time but it is serendipitous as in many ways **Something for the Soul** is the soundtrack of **Occupied Territories**.



*in the recording studio*

The subtitle for **Occupied Territories** is *The revolution of love from Bethlehem to the ends of the earth*, and that revolution is reflected strongly in **Something for the Soul**.

In the next newsletter I will tell you more about the book but for this one I want to fill you in on the album.

---

## Damien Hirst's cafe



*Damien Hirst's café, Ilfracombe*

The title track for the album was written in Damien Hirst's café in Ilfracombe! My son Ben and his family live down that way and we had popped in to get a coffee when for some reason the words to 'Something for the Soul' began to pop into my head. The family started leaving and ignored my cries for a napkin on which to write the words - however the kindly group at the next table passed me one - probably to quieten me - and

I thanked them and explained it was so I could write down some song lyrics - they looked a little puzzled!

I don't know why the song occurred there, but the lyrics of 'Something for the Soul' echo a prayer that I wrote in a book of prayers called *Holy Dreams to Feed the Soul*.

(See below)

I found I was writing an up-tempo rock song - I wanted it to be joyful and hopeful while in the verses recognising the things we struggle with in our world. I wanted it to be halfway between a gospel song and a rock and roll song, exuberant and positive, but realising there are many issues in our world at the moment that - if we are to feed our souls - we need to challenge or change. I am enjoying starting off the concert with this song each evening, it's a very hopeful beginning and it's a "whole lot of gospel and a little bit of rock and roll".

## Chapel by the Sea



The album opens and closes with a Prelude and a Postlude which were written in Lonier Chapel in Rio de Janeiro during the Street Child World Cup - the Prelude is a welcome to a quiet liturgy for the early morning and the Postlude was a song to go out singing. I think they bracket the album well.

The theme of church is brought out even more strongly in the

song 'Chapel by the Sea' - this is another one I really enjoy singing in concert. It's about finding a sacred space for those moments of quiet or prayer, especially at key moments of our lives when we want to give thanks or when we have something of pain or difficulty on our minds.

**The theme of feeding the soul runs through the album and there are songs that are prayers such as 'You'll Lead Me Home', but I'll talk more about the stories behind other songs in another newsletter. I think and hope the album is a vision of what the community of love should be and that it genuinely does provide 'Something for the Soul'.**

---

Here to end the newsletter is the prayer/meditation I mentioned above - written a few years back but pointing to the same theme.

### **'A little to feed the soul' (thoughts from Santa's ghetto)**

Each year in the run-up to Christmas a group of artists - Including graffiti artists – open a store of creative, subversive, Humorous, irreverent, reverent, rude and prophetic art – It is called Santa's Ghetto.

This year it was in Oxford Street in London.  
In the window was a picture by Peter Kennard  
Showing Tony Blair taking a photo of himself on his mobile phone  
Smiling and putting himself in situ with an exploding Iraq behind him.  
This picture was having a huge impact on the street  
As tourists stopped to photograph it themselves.  
Inside towards the back I found a little piece by Lucy McLauchlin  
It said, 'In our world today we have plenty to stimulate all of our senses  
Yet little to feed the soul.'  
And suddenly all the noise of Oxford Street disappeared  
A simple truth cut through  
In the busyness of all the multiple stimuli  
The most liberating moment can be the moment of quiet  
The moment when we realize the beauty of human values  
When we discover the silence we call God  
The moment where in the stillness our imagination is liberated  
In the silence encounter begins  
In the silence there is a still small voice  
We meet ourselves and we meet God  
But unless we pause we can find our soul remains unfed.

*'A little to feed the soul' from Holy Dreams to Feed the Soul page 51*



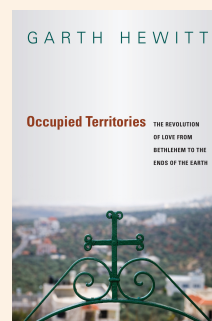
Garth Hewitt



[www.garthhewitt.org](http://www.garthhewitt.org)

---

Order Garth's new album **Something for the Soul**, and book **Occupied Territories, the Revolution of Love from Bethlehem to the Ends of the Earth**, by clicking on their images below



---

The Garth Hewitt Foundation exists to advance, support, and circulate Garth's body of work

To support the work of The Garth Hewitt Foundation click here and follow the 'Support the GHF' button

©2014 Garth Hewitt Foundation | 186 Hykeham Road, Lincoln, LN6 8AP

[Web Version](#)

[Forward](#)

[Unsubscribe](#)

Powered by [Mad Mimi](#)®